

# Looking Back at Lockdown

## Task 1: What have you been up to?

What have you been up to over the past few months when our trips and outings have been limited?

Think all the way back to the end of March. What have you been up to, to keep yourself busy?

Here are some things you might have done:

Baked a cake                  Made a den in the garden                  Went for walks

Camped in the garden    Learned a new hobby - sewing / knitting etc etc.

That's only a few things! What else can you add to your own list? I bet your lists will be really long!



## Task 2: Pick the top five things and create a memory display.

a) Looking at the above list, can you pick your top 5 things? Choose the things you have enjoyed the most, or perhaps the unusual things that you wouldn't normally have done, but you did them due to the lockdown.

b) Find items in your house to represent them.

For example, if you planted some vegetables in the garden, you could collect pair of gardening gloves. Choose small, sensible things that you can easily collect; use your imagination. Your whole bike would be too big, but your bike helmet would be just right!

c) Print out and colour in the sign on the next page. If you don't have a printer, make your own version in whatever way you fancy; you could cut out letters of the alphabet from a magazine or newspaper.

d) Lay out the items around your coloured-in sign. Take a photograph of it. You can choose whether you'd like your face to appear in the picture too. Keep a copy of the photo somewhere safe; it will be interesting to look back on in a few years time!

\*\*\*If you don't have a printer, you can just draw and colour your items around your home-made title on a big piece of paper. \*\*\*

e) Share your memory display with someone. Explain what each item represents. Describe the activities you have done in lots of detail. Here are some sentence openers to help you:

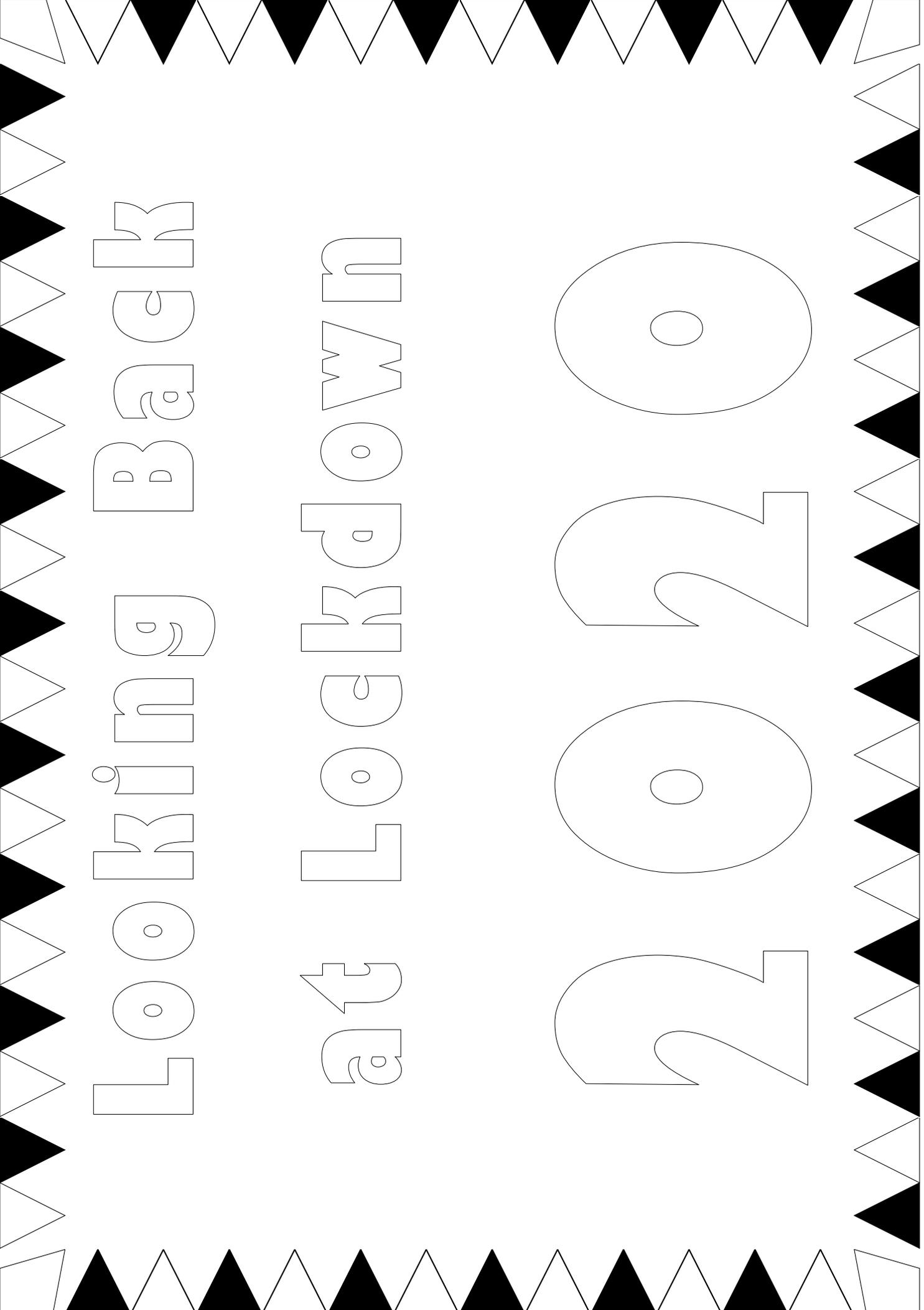
These are some items to represent my 2020 Lockdown experience.

This is ..... I've chosen it to represent...

I did this activity... (when? where? with whom? etc)

I enjoyed this activity because...

f) Write down part e) in full sentences below your photograph or picture.



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## Task 3/4: Write a reflection

In a piece of **reflective writing**, the writer not only gives an account of an experience but examines what he or she thought and felt about it, both at the time and afterwards.



This piece of writing is going to be very unique to you, so this is only guidance. The following structure and sentences starters may be of use, but once you have started, let your writing flow wherever you want it to.

Try to imagine that this reflection will be read by someone in the future, who didn't experience the Lockdown but wants to know what it was like.

Section 1: Introduction - Explain the situation.

*Possible starters:*

*During the first half of 2020,*

*It all started in March 2020.*

*Question prompts to help:*

*Where did you stay during lockdown?*

*Who were you with?*

*How did you feel at the beginning?*

Section 2: Focus on some of the key things that happened, and how you felt about them.

*Ideas:*

*What were your days like? How were they different from normal?*

*Write about some of the activities on yesterday's list.*

*Try to focus on the positive things about Lockdown. However, it is also fine to write about things that you found hard.*

Section 3: Conclusion

With lockdown easing (a bit, for now), how do you feel about it, looking back? Summarise what has been good and what has not been so good. How do you feel about 'Getting back to normal'?

What positive things can you take from your Lockdown experience?

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### Task 5: Make a Lockdown Key Word Display



Re-read your writing from yesterday. Which words or phrases stand out as key words? Try to focus on positive words, but the odd negative word is OK to include.

Use the sheet on the next page, or make your own.

Create a key word display. It will be similar to your Memory display from Task 2, but with words rather than items. And of course, there'll be lots more than 5!

You could ask your family to add their own key words and phrases too. You could write theirs in a different colour.

You can use a computer or you can make it by hand, using fancy writing.

Here is an example of mine so far. It's not finished yet!



Keep your memory display, reflection and key word display somewhere safe. It'll be great to look back on in the future to help you remember this very strange time.

If you'd like to share any of your work with me this week, I'd love to see it, as I really enjoy finding out how you are all getting on.

Send a copy to me at [home-learning@trinity.shropshire.sch.uk](mailto:home-learning@trinity.shropshire.sch.uk) with *For Miss Rapley* in the subject line.

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