# Details concerning the Year 3, 4, 5 & 6 visits to Arthog

**Monday 27th June-Wednesday 29th June (Years 5 & 6)**
**Wednesday 29th June- Friday 1st July (Years 3 & 4)**

Address:
**Arthog Outdoor Education Centre**
**Bwlchgwyn**
**Arthog**
**LL39 1BX**

**Telephone:** (Emergencies only please!) 01341 250455 (Arthog)
07519 570748 (School Mobile)

**Supervision:** The children will be accompanied by:

27th-29th June: Mr. Jack Pittaway, Miss Heather Davies, Mr. Anthony Price, Mrs Kate Coutts and Mrs Vikki Kinsey

29th June-1st July: Mr. John Rowe, Miss Heather Rapley, Mrs Pam Kinrade, Mrs Lowrie-Herz, Mr Sean Petett

## Medicines

**WE NEED YOUR WRITTEN PERMISSION FOR CHILDREN TO TAKE ANY MEDICATION.**
If you think your child may require travel sickness pills please ensure that the required dosage has been given before the outward journey and that your child understands how to take them before the return journey. Please send any prescribed medicines in a labelled container giving the name of the child and full instructions. These containers should be handed to a member of staff for safe keeping.

### Meals

Lunch will be provided on arrival at Arthog. All meals are included during the visit.

### Insurance

The school has taken out cover through the Local Authority. This covers personal accident and personal liability.

### Spending Money

Pocket money is left to parental discretion but we would suggest that only a small and reasonable amount be allowed (£5.00 at most should be adequate). We cannot accept responsibility for personal money lost.

### Cameras

Children may take a camera. This should be labelled and will be gathered in each evening.

## Keeping in touch with home

We don't allow mobile phones nor allow children to call home.

However, it is helpful for parents and children to keep in touch with you and we will be doing this through:

### Texting

We will text parents periodically with updates about our visit.

**Blogging**

We will be keeping an Arthog Blog to enable children to keep in touch with home and share photos.

**Important!**

Mobile phones, electronic items, games etc MUST NOT BE TAKEN!

All accompanying staff will have mobile phones and a list of family contact numbers

**Equipment and Clothing List**

| | Items Required | Suggested Quantity | Tick List |
|---|---|---|---|
| General: | Nightwear | 1 | |
| | Toiletries/Wash kit | 1 | |
| | Hairbrush/comb | 1 | |
| Clothing: | Changes of underwear | 5 | |
| | Coat | 1 | |
| | Trousers | 4 | |
| | Jumpers | 4 | |
| | T-shirts | 4 | |
| | Indoor shoes | 1 | |
| | Shorts (if it is hot) | 2 | |
| | Hats and Gloves (if it is cold) | 1 | |
| | Pair of wellington boots | 1 | |
| | Swimwear | 1 | |
| Also: | Bottom sheet | 1 | |
| | Duvet Cover | 1 | |
| | Pillowcase | 1 | |
| | Sun cream | 1 | |
| | Towels | 2 | |
| | Plastic drinks bottle | 1 | |
| | Small amount of sweets for personal use only | 1 | |
| | Carrier bags | 2 | |
| | Reading book | 1 | |
| | Small day rucksack | 1 | |

**Top tips!**

Back duvet, sheet and pillowcase on top of case. Let children help with packing so they know where things are

Help children learn how to put a duvet cover on at home please.

Complete changes of clothing is essential. Children will get wet doing some of the activities and will be working outdoors for all of the time. Things will get wet/muddy. Please do not send expensive garments.

It would be helpful if all of the above could be packed into a single case/hold-all.

# Year 3, 4 5 & 6 Residential Visit to Arthog
## Checklist

I/We have received information about kit list and the proposed timetable of activities ☐

I/We have completed and returned the parental consent form ☐

I/We understand that children are responsible for looking after their own pocket money (must not exceed £5) ☐

I/We have received the contact telephone numbers and understand that these should only be used in emergency situations ☐

I/We understand that children should not bring mobile phones on this trip ☐

I/We would like to discuss the trip with a member of school staff YES/NO

Name.....

Signed.....Date.....

*Please complete and return to the school office by Friday 17th June 2016. Thank you*