

## Resource 2

Look at the resource below, decide which examples of journeys made during lockdown are essential and which are non-essential.



*"You may only leave your home for very limited purposes, such as buying food and medicine, exercising once a day and seeking medical attention. You can travel to and from work but should work from home if you can."*

Essential

Non-essential

Travelling to the post office to buy stamps for posting letters to keep in touch with family and friends.

A joiner travelling to build a garden shed for a customer.

Travelling to the hospital if feeling unwell.

A plumber travelling to fix a faulty boiler for a customer.

Walking to a friend's house to have a quick chat, making sure social distancing rules apply.

Travelling to buy a plant and chocolate from the local supermarket and leaving them on a family member's doorstep for their birthday.

Going for a bike ride.

Do you think what one person views as an essential journey might be viewed as a non-essential journey by someone else?

Travelling to the office to work as internet at home is very slow.

Travelling to the woods to go for a walk.