







**Are holidays  
important?**



What is happening in the news this week?



Since March 17th, people in the UK were only allowed to travel to other countries if the journey was essential. A new traffic light system, recently launched, means countries have been given a green, amber or red light depending on the number of coronavirus cases there, allowing people to potentially have a summer holiday this year.

Where would you like to go on holiday?

Learn more about this week's story [here](#).

Watch this week's useful video [here](#).

This week's Virtual Assembly [here](#).



How does it  
make me feel?

sad	angry	happy	confused	excited	worried	shocked	afraid
despondent disconsolate dismal doleful downhearted forlorn gloomy melancholic miserable woeful wretched	aggrieved annoyed discontented disgruntled distressed exasperated frustrated indignant offended outraged resentful vexed	beaming buoyant cheery contented delighted enraptured gleeful glowing joyful	addled baffled bemused bewildered disorientated indistinct muddled mystified perplexed puzzled	animated elevated enlivened enthusiastic exhilarated exuberant thrilled	agitated anxious apprehensive concerned disquieted distraught distressed disturbed fretful perturbed troubled uneasy	astonished astounded disconcerted distressed dumbfounded horrified staggered startled stunned surprised	alarmed apprehensive daunted fearful frantic horrified petrified terrified

## Assembly Resource

*Read through the information below, which shows a timeline of the recent restrictions and changes for travel and holiday destinations. Talk through the reasons why we have these changes and rules in current times.*

From 17<sup>th</sup> March – 6<sup>th</sup> July people in the UK were only allowed to travel to other countries for essential journeys. Anyone who did travel was required to quarantine for 14 days on their return.



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In early June, the possibility of 'air bridges' was introduced, allowing people to travel without quarantine between two countries.



People are now able to travel to and from countries that have been marked as 'green' or 'amber'. These include Spain, France and Thailand.

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How might holidays be different this year?

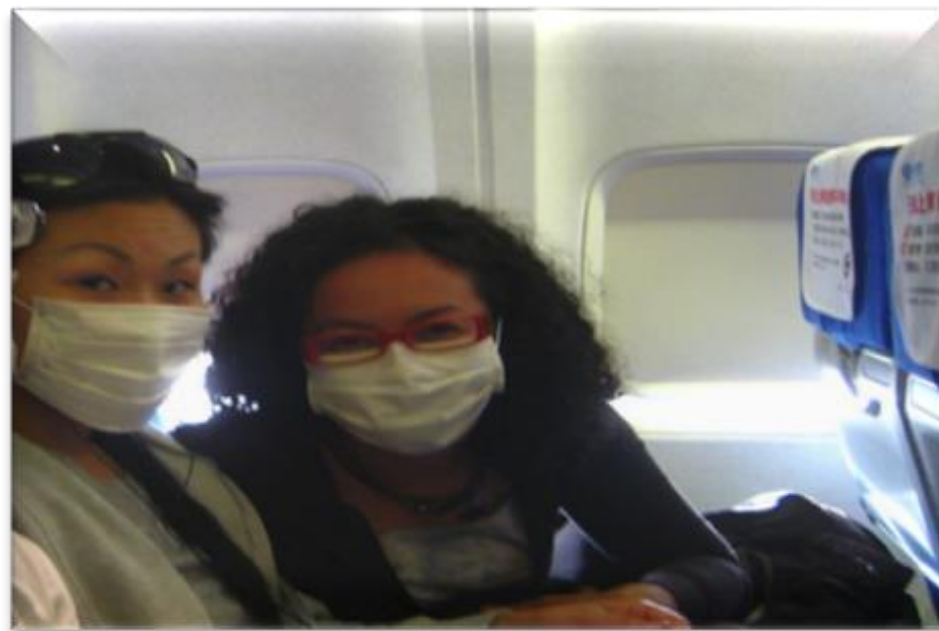
In some countries, individual and family bays have been marked on plots of beach to ensure people are able to social distance.

Some countries will require a temperature check on arrival, others are requesting that visitors will need to provide proof that they don't have coronavirus via a certificate with a negative test result.

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People travelling on public transport, including aeroplanes and trains, will be required to wear face coverings.





## Resource 1

*Look at the resource below, where some children tell us about their holiday.*

**Do you think all of these are  
holidays?**

**Have you ever had a holiday  
like any of these children?**

## Resource 1

*Look at the resource below, where some children tell us about their holiday.*

My family and I travelled to France and went skiing for our holiday. I had never done it before, but the instructors helped me learn. It was very cold but fun!

Sophia





## Resource 1

*Look at the resource below, where some children tell us about their holiday.*

During our holidays we do lots of day trips out but always come back home at the end of the day. We visit museums, go swimming, go to the cinema, go to softplay and sometimes we even just have a day playing and relaxing at home.

Noah



Source: H Burrows

## Resource 1

*Look at the resource below, where some children tell us about their holiday.*



We went camping. We stayed on a campsite on the Yorkshire Coast. We spent lots of time on the beach and playing in the sea.

Ram



## Resource 1

*Look at the resource below, where some children tell us about their holiday.*

I went to stay overnight with my Grandma for my holiday. We went to the park, had ice cream (even though it was raining) then watched a film.

Bernardette



## Resource 2

*Look at the resource below, which shares more information about holidays and why we have them. Do we need to travel to go on holiday? Could one person's definition of a holiday differ to another's?*

### What is a holiday?

A holiday is an extended period of leisure or recreation, especially one spent away from home or travelling.

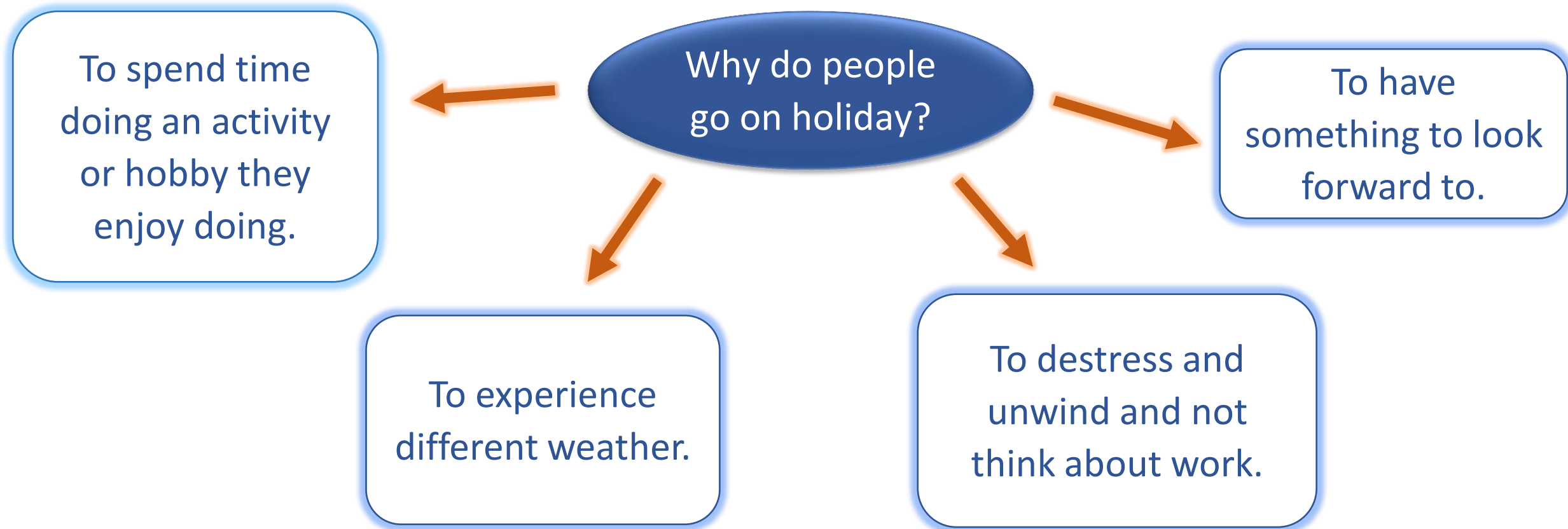
*Pictured below: typical holiday destinations.*





## Resource 2

*Look at the resource below, which shares more information about holidays and why we have them. Do we need to travel to go on holiday? Could one person's definition of a holiday differ to another's?*



## Resource 2

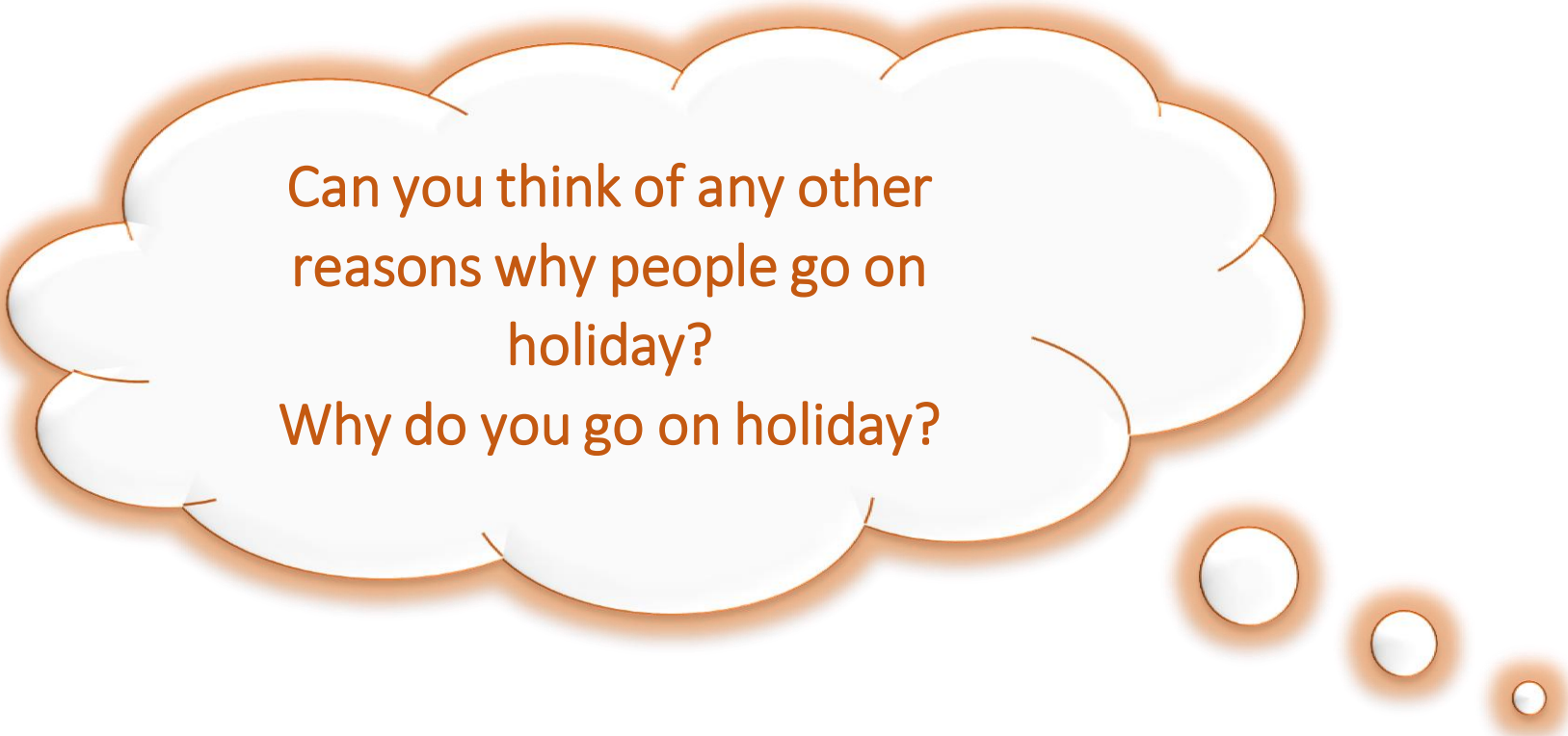
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## Resource 2

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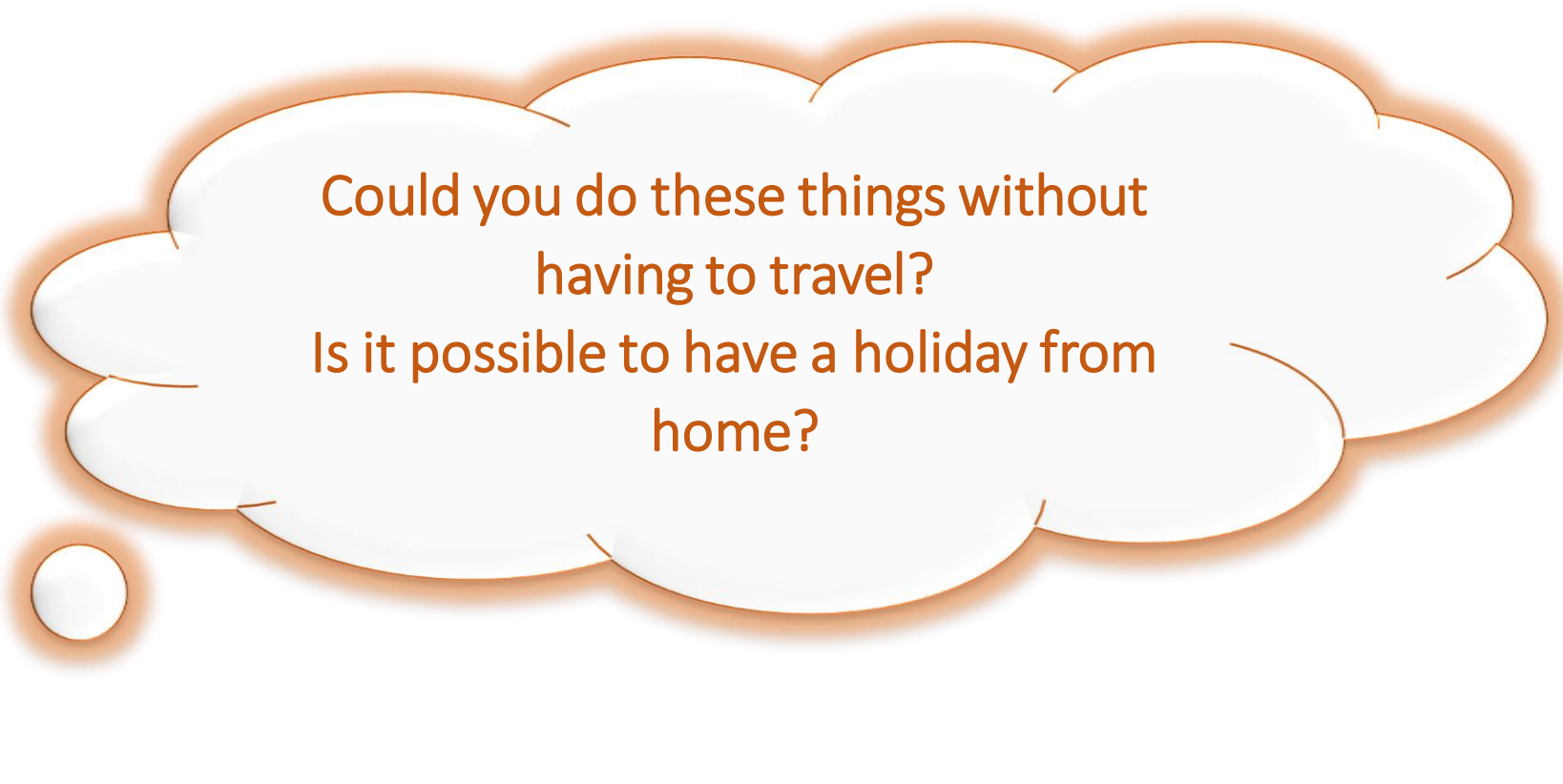


Can you think of any other  
reasons why people go on  
holiday?

Why do you go on holiday?

## Resource 2

*Look at the resource below, which shares more information about holidays and why we have them. Do we need to travel to go on holiday? Could one person's definition of a holiday differ to another's?*



Could you do these things without  
having to travel?

Is it possible to have a holiday from  
home?

# Reflection

For some, holidays can be a chance to escape from everyday pressures in our lives. For others, a rest from work and having the time to do things they enjoy is just the break they need. We are all different and have different ways to relax.



# British Values

## Mutual Respect

Holidays can be an opportunity for rest and reflection for some, but for others having time to relax at home is preferred. It is important to respect those who are different from us.

This week's useful vocabulary. Can you use any of them in your writing this week?



**Essential** – necessary or needed.

**Explore** – if you explore a place, you travel around it to find out what it is like.

**Launched** – to start or introduce something to the public for the first time.

**Potentially** – it may happen in the future; possibly.

**Restriction** – putting an official limit on something.

**Self-isolate** – to stay in your home and not see other people when you have or may have an infectious disease.