



## Unit 4: Emotions Lesson 3: Managing Conflict

### Learning Objectives

- Know how to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed
  - Understand the need for empathy when peers are experiencing conflict at home
- PW53 Reflect on how to deal with feelings about themselves, their family and others in a positive way
- PW63 Recognise that positive friendships and relationships can promote health and wellbeing
- PW64 Identify how to find information and advice through help lines
- PW68 Manage changing emotions and recognise how they can impact on relationships
- PW69 Talk with a wide range of adults

### Introduction

This can be a very sensitive subject for both children and teachers alike. Remind children about this at the beginning of the lesson in order for them to show sensitivity throughout.

- Ask the pupils to draw a picture of the place they call home and draw people in it.
- Cut these drawings out and create a street of houses.
- Ask the children what they all have in common.
- Discuss their answers and encourage them to think about the fact that a home is somewhere you feel safe and loved, not all about who is living there.
- In groups, think about why this might be and feedback ideas.

### Resources

Paper for house pictures  
Scissors

### Main Activity

- Explain that sometimes home doesn't feel safe for some children.
- Discuss separation and divorce and what it actually means for families and home life. If there are children in class who have experienced these situations, and they want to talk about their experiences, then allow them to.
- Ask the pupils how they could support a friend who may be experiencing conflict and problems at home.

### Plenary

- Remind the pupils that conflict is very emotive and people who are involved in separation or divorce feel a whole range of emotions.
- Remind the children that falling out between adults is never the fault of the child and that there are people they can talk to if they are feeling sad and lonely because of problems at home. Direct them to trusted adults.
- Childline 0800 1111 [www.childline.org.uk](http://www.childline.org.uk) offers support to children who find themselves in a warring family situation.

### Assessment

- Why does separation and divorce happen?
- Who should they talk to if they are sad and lonely?

Families at War