3D PSHE & Citizenship Dimensions Curriculum

Reception and Year 1 Cycle A

Half term	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5
Autumn 1	Reception L1 **Hide and Seek**	Reception L2 **Nan's House**	Year 1 **Taking Turns – It's Your Turn**	Year 1 **Sharing – Share The Booty**	
Autumn 2	Reception L3 **I like..**	Reception L21 **Getting in a Knot**	Year 1 **Happiness – Smile!**	Year 1 **Anger – Grrr!**	
Spring 1	Year 1 **Healthy Eating 1 – Vote Green**	Year 1 **Physical Activity 2 – Mighty Muscles**	Reception L5 **What a Problem**	Reception L4 **I t's Your Turn**	
Spring 2	Year 1 **Belonging – Join The Club**	Year 1 **Bullying – Ugly Duckling**	Reception L6 **Take the Plunge**	Reception L22 **E Safety- Be Safe**	EYFS – Safe Zone Lessons – Great-Grandpa Joe. There are 7 lessons to cover
Summer 1	Year 1 **Fairness – It's Not Fair!**	Year 1 **Sun Safety – It's A Cover Up!**	Reception L23 **Eid Mubarak**	Reception L7 **An Old Friend**	
Summer 2	Reception L24 **Playtime Games**	Reception L8 **Me and You**	Reception L20 **The New Pet**		

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Reception and Year 1 Cycle B

Half term	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5
Autumn 1	Reception L9 **Stick to the Rules**	Reception L10 **Rainy Days**	Year 1 **Friendship 1 – Friends Together**	Year 1 **Road Safety – Green X Code**	
Autumn 2	Reception L12 **Clean and Tidy**	Reception L11 **I Feel Poorly**	Year 1 **Love – Three Little Words**	Reception L25 **Litter Bug**	**Safe Zone Year 1 L1**
Spring 1	Reception L13 **Bully Boy**	Reception L14 **Family Fun**	Year 1 **Dental Hygiene 1 – Brushing Up!**	Year 1 **Dental Hygiene 2 – Bright White**	**Safe Zone Year 1 L2**
Spring 2	Reception L16 **All Join In**	Reception L15 **One Gold Star**	Year 1 **Kindness – Give A Little**	**Safe Zone Year 1 L3**	
Summer 1	Reception L17 **I'm Stuck**	Reception L18 **A Piece of Cake**	Year 1 **Staying Safe 1 – Secret Surprise**	**Safe Zone Year 1 L4**	
Summer 2	Reception L19 **Busy Body**	Year 1 **Money 1 – Grows On Trees**	Year 1 **Money 2 – Coining It In**	Year 1 **Money 3 – Keep It Safe**	