3D PSHE & Citizenship
Dimensions Curriculum

TRINITY C.E. SCHOOL

Year 5/6 Cycle A

Half term	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5
Autumn 1	Y5 Identified Strengths 1 – Big Dreams	Y6 Identified Strengths 2 – Big Achievers	Y6 Setting Goals 1 – Super Futures	Y6 Setting Goals 2 – I Can Do That	Y6 Safe Zone 1 – Online Reputation/Managing Information Online
Autumn 2	Y6 Race and Ethnicity 2 – Equal Voices	Y6 Gender Stereotypes – Jobs 4 All	Y6 Culture 2 – Support Squad	Y6 Disabilities – Super Powers	Y6 Safe Zone 2 – Online Relationships and Bullying
Spring 1	Y6 Physical Illness – Bleugh!	Y6 Immunisation – One Sharp Scratch	Y6 Healthy Minds 2 – Young Minds	Y6 Keeping Clean – Feeling Fresh	Y6 Safe Zone 3 – Self-Image and Identity
Spring 2	Y5 Listening 1 – I'm All Ears	Y5 Teamwork 1 – Scrabble	Y5 Teamwork 2 – The Puzzler	Y6 Teamwork 3 – The Boss	Y5 Safe Zone 4 – Health, Wellbeing and Lifestyle
Summer 1	Y6 Consumer Sense 1 – Payment Terms	Y6 Consumer Sense 2 – Class Catalogue	Y6 Generating Oncome 2 – Raising Money	Y6 Safe Zone 5 – Privacy and Security	
Summer 2	Y6 Cooking 1 – Invention Team	Y6 Cooking 2 – Michelin Stars	Y6 Tobacco and Vaping – Up In Smoke	Y6 Substance Abuse – Let's Be Frank	Y6 Changing Bodies – What's Puberty?

Year 5/6 Cycle B

Half term	Lesson 1	Lesson 2	Lesson 3	Lesson 4	Lesson 5
Autumn 1	Y6 First Aid 2 – First Aid Smart	Y6 Transport Safety – Tracks and Tarmac	Y6 Community Event – We're Cultured	Y5 Safe Zone 5 – Copyright and Ownership	Y5 Safe Zone 6 – Online Relationships and Bullying
Autumn 2	Y5 Race and Ethnicity 1 – Unity Matters	Y5 Diverse Communities – Welcome!	Y5 Shared Goals – It's All Go	Y6 Safe Zone 4 – Healthy, Wellbeing and Lifestyle	Y6 Safe Zone 5 – Privacy and Security
Spring 1	Y5 Food Choices 1 – A Good Balance	Y5 Food Choices 2 – Breakfast Club	Y5 Food Choices 3 – A Healthy Relationship	Y6 Sleep – The Bed Bank	Y5 Water Safety – Water Wise
Spring 2	Y6 Listening 2 – Agree To Disagree	Y6 Responding – Scenarios	Y6 Marriage – I Promise	Y6 Managing Conflict – Families At War	*Optional RSE Unit Lessons*
Summer 1	Y5 Budgeting – Money Supermarket	Y5 Generating Income 1 – Making Money	Y5 Online Spending 1 – App Trap	Y6 Online Spending 2 – 'Appy Banking	Y6 Safe Zone 6 – Copyright and Ownership
Summer 2	Y6 The Menstrual Cycle – Fact Or Fiction?	Y6 Cooking 1 – Invention Team	Y6 Cooking 2 – Michelin Stars	*Optional RSE Unit Lessons*	*Optional RSE Unit Lessons*